# Le 6000 News

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**BDS** Investments

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### Dear tenants

ESCAPE THE COLD!

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We want to wish you a happy new year! We hope your holiday season was bright and full of laughter and memories. Thank you for entering in a new year at Le 6000 with BDS Investments. We are committed to making 2011 the best it can be and continuing to serve you with genuine and dedicated care.

#### Contact Information



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Have a great start to 2011,

Le 6000 & BDS Investments

January 2011 BDS INVESTMENTS

## MONTREAL'S BEST-KEPT WINTER SECRET

Hidden at the very top of Mont Royal, nestled in the Mont Royal Park, is a full skating rink measuring 2,500 square meters—Beaver Lake Skating Rink, or Lac des Castors The rink provides top-notch ice surfacing, a longer skating season, and the priceless advantage of residing in the middle of the beautiful nature of Montreal. Take advantage of the ski rink either by bringing your own gear or renting from the local rink shop. The rink is open for all ages and levels of experience. In addition to the rink, surrounding Beaver Lake are tobogganing trails (see picture), as well as cross-country skiing and snowshoeing rentals. For less crowds, go during weekdays, as weekends are packed with families.



Skaters enjoy the Beaver Lake skating rink



Tobogganing hills near the rink

### Escape the cold at the Biodôme!

Did you know that as of December 4<sup>th</sup> 2010 the Biodôme has reopened as "new and improved"? Escape the cold into a world of tropics and exotics animals and displays, newly designed for the New Year!

#### Hours:

Open daily from 9 am to 5pm

# HOW TO MAKE YOUR NEW YEARS RESOLUTIONS STICK

- 1. Be realistic
- 2. Examine your motivation for change
- 3. Allow for imperfection
- 4. Start sooner rather than later